

NAMI Colorado Springs creates and cultivates a welcoming community of peers who educate, support and advocate for people and families living with mental health conditions.

### 8 **CSHF** Grants since 2016

- 4 general operating grants to support NAMI's programs, staffing, and operations
- 3 capacity building grants for a strategic planning process, transition to a new CRM system, and a leadership transition plan
- 1 program grant to develop a Crisis Text Line for youth to connect with trained counselors for mental health concerns

*CSHF gets us. They get what we're doing, how we think, how we want to approach the community... they've been incredibly generous about capacity building to support strategic growth as well as filling funding gaps with general operating support.*

### MILESTONES

- ✦ Nearly tripled organizational revenue between 2016 -2023 and increased from 3 to 10 full time staff
- ✦ Co-located with key partners and doubled the size of its offices
- ✦ Expanded programming from a primary focus on family programs to peer-to-peer and community education programs
- ✦ Piloting an employment pipeline for those living with mental illness through training and serving as a pre-employment option
- ✦ Grew its reputation as a trusted and effective organization and has become a model, piloting approaches to support mental health



# IMPACT

- ✱ In 2023, over 550 people participated in family programs and support groups; over 1,000 in peer-to-peer programs and over 2,000 in community education programs. NAMI responded to more than 1,600 mental health-related calls and drop-ins.
- ✱ Tripled the number of people signed up for support groups (from 152 to 458) between 2020-2023.
- ✱ The Crisis Text Line was adopted by the Colorado Office of Behavioral Health because of its successful outcomes.
- ✱ Trained 93 law enforcement staff to compassionately and effectively respond to mental health emergencies.
- ✱ 100% of 2023 Family-to-Family course participants agreed that the program was helpful, that they were better able to recognize signs and symptoms of mental health conditions, and that they felt better able to manage mental health crises.

## SUPPORT FROM CSHF

*There is no overstating how important this [strategic planning] grant has been to us. Every day it seems, NAMI is moving into new territory, from the pursuit of new funding sources to the onboarding of new staff to partnership discussions with organizations... it sometimes feels overwhelming. But returning to our strategic plan helps affirm that the day's activities and challenges align with the big, important goals that we share as a team, and that we believe our community wants us to pursue. We are exceedingly grateful to have this plan as our organizational 'north star' and to have the foundation's support...they are our largest, most reliable, most nimble funder.*

